The Maryland Anxiety Center offers a highly competitive, 12-week clinical internship program to provide undergraduate students an opportunity to develop specialized training on the nature and treatment of anxiety and related disorders from a cognitive behavioral perspective. Our students participate in weekly training sessions where they learn from experts about cognitive behavioral therapy, the treatment of anxiety & related disorders and get an inside view of what it is like to work as a therapist in private practice. As part of their training, interns receive psychoeducation and observe mock intake evaluations/diagnostic assessments & mock therapy sessions. In addition, MAC interns assist with various projects such as researching, writing, developing presentations and creating clinical & administrative materials.

Interns are expected to be in the office approximately five hours per week, with some additional work that can be completed from home. For those students who required 120 hours per semester, we can more than accommodate this requirement and have never had a student who needed these hours not complete them.

Applications are available under the "About Us" section at MarylandAnxietyCenter.com. Applications and resumes should be sent to swoodrow@marylandanxietycenter.com. Resumes are accepted February 15 to March 15 for summer positions.