JHU PUBLIC HEALTH STUDIES

Rising Senior Informational Meeting
Thursday, March 26, 2015
12:00 – 1:30 PM
Mattin, SDS Room

Agenda

I. Welcome - Dr. Kelly Gebo

II. JHSPH Ethics – Mr. Jon Vernick, JD

III. JHSPH Registration Process – Ms. Folda

IV. Concentration at JHSPH – Dr. Smart

V. PHS Honors Class - Dr. Jennifer Schrack

VI. PHS Senior Experiences @ JHSPH – Course Selection Information
   a. Melyssa Haubenstricker
   b. Benjamin Barsky
   c. Ellie Bergren
   d. Patrick Chang
   e. Kaylin Gonzalez
   f. Violette Perrotte

VII. Questions
GUIDELINES FOR PHS 2016 SENIORS REGISTERING FOR COURSES AT JOHN HOPKINS SCHOOL OF PUBLIC HEALTH

Q. How do I register for JHSPH courses?

You must submit the “Interdivisional Registration Yellow Form”, also known as an IDR form, signed by Dr. Goodyear, Ms. Folda, Ms. Smart or Ms. Beckemeyer; to the HOMEWOOD Registrar. You do NOT NEED to fill out an A/D slip as well. If a course requires “Instructor’s Permission” please obtain their permission before requesting your form to be signed by the PHS office and bring the email with you stating you have the instructor’s permission. You can only put one term’s courses on one form. Therefore, you cannot list both 1st and 2nd term courses on the same form. IDR forms can be picked up either at the Homewood Registrar’s office or at the Public Health Studies office, 3505 N. Charles St., RM 208, in the PHS Student Lounge area.

REGISTRATION FORMS MAY NEVER BE SUBMITTED DIRECTLY TO JHSPH and online registration is NOT available.

Q. When should I register for JHSPH courses?

1. For first term courses, you can submit the signed IDR form to Ann Beckemeyer in the PHS office, RM 210 beginning April 27, 2015. After June 1, 2015 you can submit the IDR forms directly to the Homewood Registrar office in Garland Hall”. For 1st term you have until Friday, September 11, 2015 to add or drop a class.

2. If you are around during the summer please go ahead and bring your IDR form into the PHS office for signature and then submit it to the Homewood Registrar’s office. If you are unable to register before you leave for the summer or during the summer then please complete your registration upon your return in August.

3. Please note: Unlike KSAS registration, you don’t need to fight the clock and try to be the first to register; JHSPH courses typically do not fill up. Most importantly, remember that you need to complete all your 1st term registration by the end of the add/drop period, which is Friday, September 11, 2015. Please refer to the JHSPH Academic Calendar for registration, add/drop deadlines and holiday break information for all terms.

4. Once the Homewood Registrar submits the request electronically to the JHSPH Registrar office, JHSPH will approve or deny the request. They usually begin this process sometime during the summer for 1st term. If you are denied enrollment into a class you will receive an automated email stating you have been denied. Why might a request be denied? It required instructor permission and you didn’t have it, you didn’t have a prerequisite that was required, the class might be full, or they are not allowing undergraduates to take the class.

5. Once your IDR has been approved for enrollment the course will appear in ISIS.

Q. How do I drop a JHSPH course?

If you drop a JHSPH course, this must be done in person at the HOMEWOOD Registrar’s office, by completing an ADD/DROP slip. Dropping a course DOESN’T require a PHS advisor signature on the Add/drop form. However, please pay careful attention to the JHSPH add/drop periods, which are clearly stated for each term on the JHSPH Academic Calendar. If you drop a class after this period you will receive a “W” on your transcript for that class.
Q. How do I locate and review possible courses to take at JHSPH?
We suggest the following methods to research and find the classes that best fit your interests and schedule.

1. Use the following JHSPH search engine to review course listings per term. The JHSPH online course search engine is [http://www.jhsph.edu/courses](http://www.jhsph.edu/courses). They have added some additional features to the course search. If you click on “show advanced search” you have the ability to search by instructor and class schedule in addition to the other variables. Be sure to click on the course number to display any pre-requisites necessary, instructor consent required notices, or if undergraduates are not allowed to enroll in the course. You will also find a detailed course description and information about assignments/grading. The listings are frequently being updated to the point of registration and sometimes modified after registration begins.

2. Look at some of the course recommendations mentioned by PHS seniors and JHSPH departments [see attached].

3. Reach out and talk with current PHS Seniors and ask them what classes they liked and why.

Q. How many courses do I need to take at JHSPH?

15 units are taken at JHSPH your senior year AND THIS WILL CONVERT TO 10 HOMEWOOD CREDITS. Courses may be taken in any department but excludes independent research/special study, S/U, and online courses. YOUR PHS CHECKLIST REQUIRES AN 8 UNIT CONCENTRATION THAT MUST FOCUS AROUND ONE COMMON TOPIC OR TRACK OR BE FROM ONE DEPARTMENT. For example, you could take 8 units within the International Health Department and this would fulfill the requirement, or you might take 8 units that focus on Health Policy and this would fulfill the requirement.

Recommended scheduling guideline per term:

- 3 Homewood courses with 2 JHSPH courses OR
- 2 Homewood courses with 3 JHSPH courses

**JHSPH Units to Homewood Credit Conversion**

1 JHSPH unit = .7 Homewood Credits  
2 units = 1.3  
3 units = 2.0  
4 units = 2.7  
5 units = 3.3

Q. Why should I try to plan my JHSPH courses together with my Homewood schedule?

Because your 1st and 2nd term courses need to fit into your FALL TERM HOMEWOOD SCHEDULE, your advisors recommend you review your registration for both terms at the same time. The same applies for 3rd and 4th term courses with your SPRING TERM HOMEWOOD SCHEDULE.

Q. How do I get the Instructor’s permission when it is required?

If a course requires Instructor’s Permission you will need to get the professor’s consent to join the class one of two ways:

1. E-mail the instructor ahead of time (you can access all instructors e-mail addresses online at [www.jhsph.edu](http://www.jhsph.edu), if it isn’t listed on the course site page. In the e-mail, inform the instructor that
you are a senior and you have fulfilled all the required public health courses at the Homewood Campus and state why you are interested in taking his/her course.

2. Get the instructor’s OK the first day of class by having them sign an “Interdivisional Registration Form” and then bring that form to the PHStudies for the advisor signature.

**Q. How do I find my classroom location?**

You can find this information online at [For Current Students](#). PLEASE BE SURE TO BOOKMARK THIS URL!!! The classroom location is usually posted 1-2 days before classes begin.

**Q. Any other requirements or pertinent information?**

1. If you haven’t completed the JHSPH Ethics online module, please do so before your present your registration form to your PHS advisor for a signature. We are unable to sign off until that has been completed.

2. You need to maintain a minimum of 12 credits per semester (Homewood + JHSPH) to stay a full-time student.

3. Average credits per Homewood semester senior year is usually 15 to 18. If you will be going over 18.5 credits within a semester you will need to get approval from your PHS Academic Advisor.

4. You will follow the add/drop guidelines at JHSPH for all JHSPH courses. Since the term is only 8 weeks long, you need to make a decision quickly about adding or dropping a class. You can shop around, but for a very brief period. If you are deciding between two courses it is better to attend both and then choose which one you want to add! **MISSING A CLASS IS A BIG DEAL IN AN 8 WEEK SCHEDULE!**

5. We will be sending you an email over the summer that will include your JHSPH email address and login information. Please be sure to **keep this email** as you will need this information for printing privileges at JHSPH and reviewing course evaluations.


**THE JOHNS HOPKINS UNIVERSITY INTERDIVISIONAL REGISTRATION FORM**

**Arts and Sciences** students who wish to enroll in a course offered by a division of the University other than their home division to fulfill a major or minor requirement must obtain their major/minor adviser's approval on their regular registration form and on this form. ME tutorials require a signature from Pre-professional Advising.

**Arts and Sciences** students who wish to enroll in a course offered by another division to fulfill a distribution or writing requirement must obtain their academic adviser's approval on their regular registration form and on this form.

Inquire at the home division registrar's office concerning particular interdivisional procedures.

**Note:** Students must meet host division course requirements.

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**ALL STUDENTS COMPLETE ITEMS 1 THROUGH 8.**

<table>
<thead>
<tr>
<th>1. HOPKINS ID</th>
<th>2. LAST NAME</th>
<th>FIRST NAME</th>
<th>MIDDLE/MAIDEN NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>X X X X X X</td>
<td>SMITH</td>
<td>PAUL</td>
<td>JONES</td>
</tr>
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<table>
<thead>
<tr>
<th>STUDENT'S HOME DIVISION</th>
<th>COURSE (HOST) DIVISION</th>
</tr>
</thead>
<tbody>
<tr>
<td>A S = ARTS &amp; SCIENCES</td>
<td></td>
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<tr>
<td>A A P = ADV. ACAD. PROG</td>
<td></td>
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<tr>
<td>B E = BUSINESS &amp; EDUC.</td>
<td></td>
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<tr>
<td>E N = ENGINEERING</td>
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<tr>
<td>M E = MEDICINE</td>
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<td>N R = NURSING</td>
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<td>P H = PUBLIC HEALTH</td>
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<td>P Y = PEABODY</td>
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<td>S A = SAIS</td>
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<tr>
<td>E P P = ENGR. &amp; APPL. SCI</td>
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<table>
<thead>
<tr>
<th>UNDERGRADUATES (EXCEPT WS-EPP)</th>
<th>POST BACCAULAUREATE</th>
<th>MEDICAL SCHOOL</th>
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</thead>
<tbody>
<tr>
<td>A&amp;S Freshman</td>
<td>AS/EN Pre-Med Program</td>
<td>1st YR 21 3rd YR 23</td>
</tr>
<tr>
<td>Peabody Sophomore</td>
<td>BE Special Student applying for graduate credit</td>
<td>2nd YR 22 4th YR 24</td>
</tr>
<tr>
<td>Peabody Junior</td>
<td>BE Pre-Admissions Pm</td>
<td>MED Special 20</td>
</tr>
<tr>
<td>Peabody Senior</td>
<td>Conditional Acceptance</td>
<td></td>
</tr>
<tr>
<td>Assoc Degree (BE only)</td>
<td>G R A D U A T E S (EXCEPT WS-EPP)</td>
<td></td>
</tr>
<tr>
<td>Certificate (BE only)</td>
<td>Special, Non-degree</td>
<td></td>
</tr>
<tr>
<td>BE Undergrads and</td>
<td>Degree Candidate</td>
<td></td>
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<tr>
<td>Peabody unclassified</td>
<td>Certificate Candidate</td>
<td></td>
</tr>
<tr>
<td>Special, Non-Degree</td>
<td>Certificate Candidate</td>
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</tbody>
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<tr>
<th>4. CLASSIFICATION</th>
<th>5. PROGRAM OR DEPT OF STUDY</th>
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<tbody>
<tr>
<td>CHECK ONE BOX ONLY</td>
<td>Public Health Studies</td>
</tr>
</tbody>
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<thead>
<tr>
<th>7. LOCAL ADDRESS OR BOX NUMBER</th>
<th>DAYTIME PHONE NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>N/A</td>
<td>YES</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>8. INTERDIVISIONAL COURSES FOR WHICH CROSS-REGISTRATION IS SOUGHT</th>
<th>PREREQUISITES, IF ANY INSTRUCTOR/OTHER SIGNATURE IS NEEDED</th>
<th>TUITION RATE</th>
<th>PART-TIME STUDENTS</th>
<th>AUDIT (CHECK)</th>
<th>TERMS OFFERED</th>
</tr>
</thead>
<tbody>
<tr>
<td>PIH 221 1 611.3 0.1 Intro to Humanitarian Emerg.</td>
<td>1.3</td>
<td>1.3</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>PIH 221 2 614.1 0.1 Principles of Human Nutrition</td>
<td>2.7</td>
<td>1.3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PIH 301 5 6111.0 0.1 Issues in Injury and Violence</td>
<td>1.3</td>
<td>1.3</td>
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</tr>
</tbody>
</table>

(HOME) Major/Minor Adviser’s signature (if a requirement for a major or minor):

**Goodyear/Folda/Smart/Beckemeyer**

**DATE:**

(HOME) Academic Advising Office signature (if a writing or distribution requirement):

**+Gere can sign this form**

**DATE:**

School of Professional Studies in Business and Education Approval:

**DATE:**

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TO THE COURSE (HOST) DIVISION REGISTRAR: This student may be enrolled in the above courses to be offered by your division providing there is still a vacancy. We have determined that the student has met all prerequisites for each course listed.

**APPROVAL OF STUDENT'S (HOME) DIVISION REGISTRAR:**

**DATE:**

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TO THE STUDENT'S (HOME) DIVISION REGISTRAR: This student has been officially registered in the above courses. At the conclusion of the term, you will be sent a report of the student's final grades.

**APPROVAL OF COURSE (HOST) DIVISION REGISTRAR:**

**DATE:**

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**HOME SCHOOL**

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### 2015-2016 JHSPH Academic Calendar

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
<th>Class Days</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1st Term</strong></td>
<td>M. Aug. 31 - F. Oct. 23</td>
<td>39</td>
</tr>
<tr>
<td>Registration Begins for 1st Term for Continuing Students &amp; Special Students</td>
<td>Monday, June 1</td>
<td></td>
</tr>
<tr>
<td>1st Term Registration Ends for Continuing Students &amp; Special Student</td>
<td>Friday, August 21</td>
<td></td>
</tr>
<tr>
<td>Instruction Begins for 1st Term</td>
<td>Monday, August 31</td>
<td></td>
</tr>
<tr>
<td>Add/Drop Period</td>
<td>Monday, August 31 - Friday, September 11</td>
<td></td>
</tr>
<tr>
<td>LABOR DAY RECESS</td>
<td>Monday, September 7</td>
<td></td>
</tr>
<tr>
<td>Last Day of Class for 1st Term</td>
<td>Friday, October 23</td>
<td></td>
</tr>
<tr>
<td><strong>2nd Term</strong></td>
<td>M. Oct. 26 - F. Dec. 18</td>
<td>38</td>
</tr>
<tr>
<td>Registration Begins for 2nd Term</td>
<td>Friday, July 24</td>
<td></td>
</tr>
<tr>
<td>2nd Term Registration Ends</td>
<td>Friday, October 16</td>
<td></td>
</tr>
<tr>
<td>Instruction Begins for 2nd Term</td>
<td>Monday, October 26</td>
<td></td>
</tr>
<tr>
<td>Add/Drop Period</td>
<td>Monday, October 26 - Friday, November 6</td>
<td></td>
</tr>
<tr>
<td>THANKSGIVING RECESS</td>
<td>Thursday, November 26 - Sunday, November 29</td>
<td></td>
</tr>
<tr>
<td>Last Class Day of 2nd Term</td>
<td>Friday, December 18</td>
<td></td>
</tr>
<tr>
<td><strong>3rd Term</strong></td>
<td>T. Jan. 19 - F. Mar. 11</td>
<td>39</td>
</tr>
<tr>
<td>Registration Begins for 3rd Term</td>
<td>Wednesday, November 18</td>
<td></td>
</tr>
<tr>
<td>3rd Term Registration Ends</td>
<td>Friday, January 12</td>
<td></td>
</tr>
<tr>
<td>MARTIN LUTHER KING, JR. HOLIDAY RECESS</td>
<td>Monday, January 18</td>
<td></td>
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<tr>
<td>Instruction Begins for 3rd Term</td>
<td>Tuesday, January 19</td>
<td></td>
</tr>
<tr>
<td>Add/Drop Period</td>
<td>Monday, January 18 - Friday, January 29</td>
<td></td>
</tr>
<tr>
<td>Last Day of Class for 3rd Term</td>
<td>Friday, March 11</td>
<td></td>
</tr>
<tr>
<td><strong>4th Term</strong></td>
<td>M. Mar. 21 - F. May 13</td>
<td>40</td>
</tr>
<tr>
<td>Registration Begins for 4th Term</td>
<td>Monday, February 1</td>
<td></td>
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<tr>
<td>4th Term Registration Ends</td>
<td>Friday, March 11</td>
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<tr>
<td>SPRING RECESS</td>
<td>Monday, March 14 - Friday, March 18</td>
<td></td>
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<tr>
<td>Instruction Begins for 4th Term</td>
<td>Monday, March 21</td>
<td></td>
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<tr>
<td>Add/Drop Period</td>
<td>Monday, March 21 - Friday, April 1</td>
<td></td>
</tr>
<tr>
<td>Last Day of Class for 4th Term</td>
<td>Friday, May 13</td>
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</tbody>
</table>
This form is used for dropping JHSPH classes. You do not need a signature to drop a JHSPH class. The form can be obtained at the Homewood Registrar’s Office or at the PHS office.
### Fall 2015

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Saturday, August 22 - Wednesday, August 26</td>
<td>Orientation for all new undergraduates</td>
</tr>
<tr>
<td>Thursday, August 27</td>
<td>First day of classes</td>
</tr>
<tr>
<td>Monday, September 7</td>
<td>Labor Day – no classes</td>
</tr>
<tr>
<td>Friday, September 11</td>
<td>Last day to add courses</td>
</tr>
<tr>
<td>Sunday, October 11</td>
<td>Last day to drop courses</td>
</tr>
<tr>
<td>Thursday, October 15</td>
<td>Classes meet according to Monday schedule</td>
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<tr>
<td>Friday, October 16 – Sunday, October 18</td>
<td>Fall Break - classes suspended</td>
</tr>
<tr>
<td>Monday, November 9</td>
<td>Undergraduate registration for spring term</td>
</tr>
<tr>
<td>Mon, 11/9 - Seniors (7 a.m.)</td>
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<tr>
<td>Wed, 11/11 – Juniors (7 a.m.)</td>
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<tr>
<td>Fri, 11/13 – Sophomores (7 a.m.)</td>
<td></td>
</tr>
<tr>
<td>Mon, 11/16 – Freshmen (7 a.m.)</td>
<td></td>
</tr>
<tr>
<td>Friday, November 13</td>
<td>Last day for course withdrawal</td>
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<tr>
<td></td>
<td>Undergraduates last day to change to S/U option</td>
</tr>
<tr>
<td>Monday, November 23 - Sunday, November 29</td>
<td>Thanksgiving vacation</td>
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<tr>
<td>Monday, November 30</td>
<td>Graduate registration for spring term</td>
</tr>
<tr>
<td>Friday, December 4</td>
<td>Last day of classes</td>
</tr>
<tr>
<td>Saturday, December 5 - Tuesday, December 8</td>
<td>Reading period</td>
</tr>
<tr>
<td>Wednesday, December 9 - Friday, December 18</td>
<td>Final examination period</td>
</tr>
<tr>
<td>Saturday, December 19 - Sunday, January 3</td>
<td>Mid-year vacation</td>
</tr>
</tbody>
</table>
Spring 2016

Monday, January 4 - Friday, January 22
Intersession

Monday, January 18
Observance of Dr. Martin Luther King, Jr. birthday;
No Intersession classes

Monday, January 25
First day of classes

Friday, February 5
Last day to add courses

Sunday, March 6
Last day to drop courses

Monday, March 14 - Sunday, March 20
Spring vacation

Monday, April 4
Mon, 4/4 – Rising and Continuing Seniors (7 a.m.)
Wed, 4/6 – Rising and Continuing Juniors (7 a.m.)
Fri, 4/8 – Rising and Continuing Sophomores (7 a.m.)
Undergraduate registration for fall term

Friday, April 15
Last day for course withdrawal
Undergraduates last day to change to S/U option

Monday, April 18
Graduate registration for fall term

Friday, April 29
Last day of classes

Saturday, April 30 - Tuesday, May 3
Reading period

Wednesday, May 4 - Thursday, May 12
Final examination period

Thursday, May 19
University Commencement

Updated registration information: March 20, 2014
Melyssa Haubenstricker  
*Social Sciences*  
Health Behavior & Society Concentration

**Term 1**  
Program Planning for Health Behavior Change  
- Great introduction to health behavior and society department  
- Introduces the ‘PRECEDE/PROCEED Model’ and the ‘4 P’s of Marketing’ as the frameworks relate to health programming and communication  
- Group assignments within the course build up to a final group project with presentations the last day of class  
- Online quizzes (closed book, notes, etc.)

**Term 2**  
Assessment of Nutritional Status  
- Provides a brief introduction to nutrient indicators and measures at the population level  
- Introduction to collection of anthropometric measures through in class laboratories  
- There are no quizzes or exams in this course, however there are two involved homework assignments  
- Prior course in nutrition helpful but not necessary

Principles of Occupational and Environmental Hygiene  
- Introduction to key concepts including types of agents, exposure assessment, and control methods  
- Two take home quizzes and a final paper on a topic of your choice inspired by recent events relating to occupational and/or environmental hygiene  
- Requires some use of mathematical calculations including time-weighted averages and calculating noise exposures  
- Great professor that is genuinely interested in the subject

**Term 3**  
Introduction to Global Obesity in Public Health  
- Very interesting subject matter with guest lectures that provide unique perspectives from different areas within the field  
- Covers the topic of obesity from the level of the cell to population level trends  
- Evaluation based on two quizzes and a final project with individual and group components  
- Provides an opportunity to take the information learned in the course and apply through the development of population based interventions

Stress Management for Relief Workers  
- The class focuses on the us (the students) as public health professionals rather than on the population we are attempting to help  
- Provides tips for life as well as information to promote longevity within the field  
- Total grade calculated based on a single assignment that can be completed as a group or by an individual

Alcohol, Society and Health  
- Introduces alcohol use trends, policy, and intervention strategies
- Dr. Jernigan is one of the most knowledgeable people on the subject of alcohol policy and makes every class interesting
- Grade based on three online quizzes, a take home midterm, and a final paper

**Suicide as a Public Health Problem**
- Discusses suicide trends both domestically and globally as well as its risk factors, special populations, and prevention strategies
- Some of my favorite lectures were those on special populations including the military
- You will be asked to critically evaluate the literature, however a strong statistics background is not required
- Grade based on one midterm, a critical appraisal paper, and group project in which the tasks is to develop an intervention strategy for a given population
- One of my favorite classes so far at JHSPH

**Term 4**
**Introduction to Public Health Emergency Preparedness**

**Mental Health Aspects of Disaster: Public Health Preparedness and Response**
- Taught by the same instructor as 221.634.01 Stress Management for Relief Workers

**Implementation and Sustainability of Community-Based Health Programs**

Other Suggestions:
- I suggest students pick classes that they are genuinely interested in. I myself tend to work harder when I like what I am learning.
- Don’t be afraid to pick a course outside of your comfort zone. This is your chance to work with some of the top professionals in public health, take advantage of the diversity of knowledge faculty at JHSPH can provide.

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**Benjamin Barsky**

*Social Sciences*

Mental Health Concentration, Honors

**Term 1**
**Couples and Reproductive Health**
- Provided ideal introductory material relevant to contemporary reproductive health issues, by one of the field’s leading theorists
- Overviewed the intersection of couples and reproductive health with a diverse range of fields (economics, sociology, evolutionary psychology, etc.)
- Provided a great setting for small-group discussions with Master’s and PhD students
- Graded based on class participation, group presentation, and a final paper (approximately 15 pages)
Term 2

Human Rights and Health
• ***Although it is supposedly only for graduate students, do not hesitate to contact Professor Lawrence. This class is challenging, but incredibly rewarding. It was one of my favorite academic and intellectual challenges in my time at Hopkins ***
• Provided a fantastic overview of human rights history, the implications of human rights in the multiplicity of fields interrelated with Public Health (e.g. law, public policy, etc.), and the challenges of the rule of human rights law on international grounds.
• Class time consisted of round-table conversations with a very wide array of students – be prepared for challenging and provocative thinking.
• Grade was based on two short assignments and a final paper.

Term 3

Social, Psychological, and Developmental Processes in the Etiology of Mental Disorders
• If (and only if…) you are new to mental health theories, I would recommend this class.
• Class topics revolved around the implications of a multiplicity of topics (sociology, the study of socioeconomic status, biology, etc.) on contemporary understandings of mental disorders
• It was a big class with limited room for participation.
• Grading was based on two reading responses, and a take-home final.

Term 4

Food System Sustainability Practicum

The Intersection of Mental and Physical Health

Other Suggestions:
• Take risks, take risks, take risks. One of the most rewarding experiences I have had at Hopkins was emailing Professor Lawrence, and asking him to participate in his class. Professors are open-minded and ready to take on risks with you, so don’t approach these opportunities like Homewood classes!

Honors Project:
• If you are qualified, I strongly suggest that you undertake an Honors Project. This will demonstrate first-hand one of the most important lessons that I have learned as an undergraduate student: research is highly rigorous, complex, and demanding, and what lies behind a journal article is challenging to understand, but rewarding for those who have the requisite training.
• Pick your Project Investigator very carefully. You will have to work under this person for a full academic year
• It will teach you the personal and professional benefits of thinking long-term
Ellie Bergren  
*Sociology*  
Health Policy and Management Concentration

**Term 1**

**Issues in Injury and Violence Prevention**
- Excellent course!! Really encourages you to think about your environment in a new way and in how to address public health problems from different levels, essential to any PH issue, not only injury and violence. Professor Vernick is superb!
- One mid-term quiz and take-home final

**Psychopathology for Public Health**
- For someone with no psych experience, this course was eye-opening and definitely challenging but worth it. The professor does a great job of overviewing topics in such a way that no psych experience is necessary.
- 2 written assignments, various discussion questions, and one final exam. Exam takes a significant amount of prep in that it is fairly comprehensive, but it is fair.

**Sociological Perspectives on Health**
- Great intro to some sociological theories. Class is structured around group projects- you pick a public health topic that interests you and your group presents on the issue in relation to the sociological theories as you learn them throughout the course. Loved this interactive component that helped to translate theory into the real world!
- 3 short papers relating your chosen health topic to specific theories – the work done in the group presentations essentially informs your paper topics, so even though 3 papers sounds heavy, it’s not an especially burdensome workload.

**Term 2**

**The Epidemiology of Substance Use and Related Problems**
- Excellent class! Fascinating and necessary insight into substance use and its history and myths. Professor Johnson is passionate and relatable, doesn’t skirt around issues.
- Group paper

**Health, Poverty and Public Policy in the US**
- Important class in challenging you to truly think about real-world solutions to real-world poverty and health problems. Inspiring guest speakers from the world of policy and advocacy. Professor is very familiar with international public health, yet this class is US-focused.
- Discussion questions, mid-term exam, and written policy brief.

**Term 3**

**Public Health and the Law**
- Another phenomenal class with Professor Vernick. The legal aspects of public health are complex but so necessary to understand, and this course does a great job of breaking down legal issues that have enormous public health implications (mandatory vaccination, reproductive rights, gun laws, healthcare, etc)
- One final take-home exam
The Political Economy of Social Inequalities and Its Consequences for Health and Quality of Life

- This may be the single most important class I’ve taken at Hopkins- teaches how to be truly
critical and challenge the way in which inequalities are entrenched and reproduced in our
societies and how that affects health.
- One final paper

Alcohol, Society and Health

- Fun, interactive, and important intro into the myriad ways that alcohol negatively impacts
health, Professor Jernigan knows how to get at the heart of these issues.
- Small quizzes and one final paper written in segments throughout the course.

Term 4
TBD

Other strategies or suggestions to share:

- Explore among the departments, don’t restrict yourself to one department or area of focus but
take anything that sounds interesting to you.
- The classes offered in each department are phenomenal, and the opportunity to mix and match
to tailor to your own interests is so unique – take advantage of it!

Patrick Chang
Social Sciences
Health Policy and Management Concentration

Term 1
Introduction to International Health
- Great speakers ranging from NGO CEOs to Injury Researchers in Bangladesh
- Focused mainly on health disparities with an emphasis on maternal and child mortality
- Class had 5 online quizzes as well as two term paper.
- No prerequisites, anyone who is curious about international work should definitely consider
taking this course. Also a prereq for several other courses in following terms.

Introduction to the Risk Sciences and Public Policy
- More mathematically/models based course dealing with environmental risks
- Very practical, case based class with real data sets. A lot of real world applications.
- Case study every two weeks, and a final exam
- Professor was nominated for EPA position by Barack Obama, just started two months ago!

Term 2
Confronting the Burden of Injuries: A Global Perspective
- Great, energetic professor: Dr. Adnan Hyder is an expert in the field and very humorous
- TA brings cookies to every class!
- One paper and one presentation, very relaxed class with interesting material
Term 3
Managing Non-Governmental Organizations in the Health Sector
• A definite must for anyone who’s interested in working with NGOs
• Series of guest lectures with ample time every class for energized discussions
• Grade is based on a series of reading summaries, a take home exam, and a paper/presentation
• Taught by same professor as Intro to International Health, has many years of experience and very approachable

Methods in Quantitative Risk Assessment
• Continuation of first term course: Intro to Risk and Public Policy
• More in depth and hands on, learning to use computational software such as Oracle
• Completing the Sequence results in a professional Risk Sciences Certificate
• Grade based on attendance, student presentation, and case study analyses

Term 4
Undecided

Other Suggestions:
• Don’t be intimidated by taking graduate courses- Hopkins undergrad has prepared you well to handle these classes. Come curious and excited!
• Almost all of your classmates will be grad school students. They come with a ton of work and other school experience. I think these classes are a great opportunity to ask them questions about the real world.

Kaylin Gonzalez
Natural Sciences
Global Health Concentration

Term 1
Biochemistry I
• Basic introduction to biochemistry
• Focused on the building blocks of DNA, including structures and functions.
• Recommended for those with prior organic chemistry coursework
• No homework assignments, no required attendance, grade is based on 3 exams all worth the same percentage and none are cumulative

Introduction to Humanitarian Emergencies
• Introduction into the aspects surrounding conflict across the world
• Focuses on the results of conflict and the effect on the general population.
• Recommended for anyone, no prior coursework necessary
• Grade based on weekly online quizzes
Term 2
Biochemistry II
- Builds off of Biochemistry II but can be taken separately
- Explored the pathways of cellular respiration
- Recommended for those who took Biochemistry I
- No homework assignments, no required attendance, grade is based on 3 exams all worth the same percentage and none are cumulative

Food Production, Public Health and the Environment
- Introduction to food production in the US and its effects on the environment and subsequently human health.
- Explores methods of food production, chemicals used, food distribution and history of food in the US.
- Recommended for those interested in food environments and nutrition
- Must attend 4 LiveTalks, weekly quizzes, 3 short assignments, and a final written assignment.

Term 3
Environment and Health in Low and Middle Income Countries
- Weekly lectures covering a new topic of environmental concern in low and middle-income countries.
- Topics include: Indoor Air Pollution, Secondhand smoke, water and sanitation, arsenic.
- Recommended for those interested in Environmental Health and Global Health
- Must attend 5 of the 7 classes, compose a group paper and presentation, and write questions for presenting groups.

Epidemiology and Natural History of Human Viral Infections
- Presents lectures on a different human viral infection each week.
- Lectures explore the natural history of viruses and current status in the World.
- Recommended for those with prior epidemiology experience and an interest in infectious disease.
- Grade based on participation and attendance, a take home midterm, presentation, and final paper.

Other strategies or suggestions to share:
- ALWAYS show up to class. In the courses at Bloomberg, a lot of additional information is shared among peers during class.
- Don’t be afraid to ask questions. Everybody has different background knowledge and it is okay to ask a question that your peers may already know the answer to. Plus professors love when you ask questions.
- Pick courses that seem interesting to you.
Violette Perrotte  
Social Sciences  
Health Policy and Management Concentration

Term 1
Epidemiology and Public Health Impact of HIV and AIDS
- An essential course for any Public Health major in order to get a basic but detailed understanding of the issue of AIDS in the world
- Covers both epidemiology and social topics related to AIDS
- Great professor, passionate about the topic but also very interested in the students and their perspective.

Introduction to Humanitarian Emergencies
- Not the best class I’ve taken, some interesting concepts but a large class and goes quickly over very broad concepts
- The professor is great and funny though, it is just too broad of a topic to cover in 8 weeks

Term 2
Ethical Issues in Health Policy: Public Health and Health Care
- Best class I took at Bloomberg
- Dr. Taylor is super engaging and a great moderator by always letting the students express opinions and debate among themselves without intervening too much
- The issues we raised were fascinating, and we were asked to debate on past and current health policies, their validity and what went wrong
- I strongly recommend this class and this professor

Term 3
Women’s Health
- Very good class if you are interested in women’s health (obviously!)
- Studies health issues specific to women using the life course approach
- Not a heavy work load throughout the term, but a debate and a paper at the end, which can be overwhelming
- The group debate is very interesting, mine was on whether we should screen for Intimate Partner Violence in health care settings as health prevention

Public Health and the Law
- A fascinating class is you are thinking of getting into law
- We looked at helmet laws, reproductive rights, privacy rights, vaccines etc.
- The professor is hysterical and the readings are really interesting, I strongly recommend this class

Term 4
Public School in the US: Policy’s Role in Shaping its K-12 Educational Institutions
Other strategies or suggestions to share:

- Don’t be afraid to participate in class. In Public Health and the Law, we were surrounded with Law students who were specialized in public health, and yet undergraduates made really meaningful contributions to the conversations. It’s not because you have less experience that you can’t voice your opinions!
- Take classes that absolutely fascinate you. Don’t take classes to fulfill a requirement, but only because the title sounds fun and you want to know more about a topic. Your concentration will naturally come to you!

Molly Merkel
Natural Sciences
Mental Health Concentration

Term 1
Biochemistry -- An Introductory Course I
- Part of two term sequence in biochemistry – material is equivalent/more comprehensive than corresponding Homewood course.
- Slow pace, smaller class size, and less pressure.
- Taught by Dr. Randy “Kobe” Bryant, one of the coolest professors ever.
- Detailed, handwritten notes for each lecture; extremely useful for studying.
- Overall fantastic course, a great alternative if you haven’t already taken biochemistry

Introduction to Humanitarian Emergencies
- Good for anyone who wants to learn the basics of the public health emergencies –emergency management, refugees, famine, and how public health responds to all of the above.
- Goes into some interesting areas of conflicts and natural disasters.
- Professor Burnham has extensive experience in emergency preparedness and response (and some great stories).
- Provides real life situations and examples of humanitarian emergencies that allow you to put basic response skills to use.
- One of its best aspects is the fact that current examples as are used in the lectures.
- Not a lot of work!

Term 2
Food Production, Public Health and the Environment
- Very interesting class exploring the food system.
- Being an online class makes it difficult to connect with others, however the professors have Live Talks at Bloomberg 3 times during the semester.
- Really interesting assignments including an analysis of your hometown food system and food security.
- Weekly quizzes based on lectures and reading.
Gaps and Opportunities in Public Mental Health: A Systems Approach

- Great overview of the mental health system and what needs to be done to improve the system.
- Group project exploring a topic discussed in class.
- Learn about the system issues, community health workers, buprenorphine treatment, behavioral health integration in primary health care and the jail system.
- Field trip to Baltimore City Detention Center.
- Grade is based on take home quiz, participation, final presentation and final paper.
- Favorite class thus far!

Term 3
Mental Health and the Law

- Great introductory law class.
- Analyze major concepts in mental health law including Affordable Care Act, consent to treatment, privacy, competency and much more.
- Learn how to analyze Supreme Court cases and look at current laws. Professor has a JD and has taught this class for many years.
- Mostly graduate students. Only 4 undergraduates, but that wasn’t an issue.
- Class field trip to Mental Health Court is really interesting!
- Grade is based on participation, advocacy presentation, paper and final presentation. Sounds like a lot, but very manageable!

Term 4
Brain and Behavior in Mental Disorders
Mental Health in Later Life
Interpersonal Influence in Medical Care

Other strategies or suggestions to share:

- Take classes that interest you, not ones that your friends are in.
- The professors are usually really great people with diverse backgrounds, so take advantage of office hours.
- The mental health classes are usually more graduate students than undergraduates, but are great classes
Carolyn Drogt

Natural Sciences
Infectious Disease Epidemiology Concentration

Term 1

Epidemiology and Public Health Impact of HIV and AIDS
- Excellent overview of HIV/AIDS epidemic in US and world
- Current biology, virology, and clinical aspects of HIV are reviewed so no prior knowledge is necessary.
- Recommended for those interested in epidemiology or infectious disease
- Every class has an expert guest speaker discuss a new topic of the epidemic
- Grade based on 2 exams, 1 group presentation that corresponds with the lecture on the day you present
- The professor is great, very charismatic and is one of the reasons the class is so enjoyable

Introduction to Humanitarian Emergencies
- Learn about many kinds of disasters (famines, war, natural disasters, etc.) and the public health response/preparedness
- Lectures are interesting and meet once a week
- Have a 5 question quiz every week online
- 1 final take-home assignment online

Biochemistry – an Introductory Course I
- Learn about the principal biological macromolecules and their roles in cellular processes (transcription, translation, etc.)
- This class is much smaller and more interactive (easier to ask questions) than in most science courses at Homewood, which I really enjoyed.
- Dr. Bryant has ample resources available for students to better understand the material and doesn’t use slides (writes everything on board). This way you can follow along copy everything in your notes.
- Grade is based on 3 exams
- Credits do not count for your 15 Bloomberg credits

Term 2

Advanced Topics on Control and Prevention of HIV/AIDS
- This is the second part of “Epidemiology and Public Health Impact of HIV/AIDS”, however, it is not mandatory to have taken this course.
- A basic knowledge of HIV biology is essential
- This class is small (15-20 students) and is largely discussion based.
- Each class has an expert guest speaker that presents on cutting-edge biological, epidemiological, social and behavioral issues related to the epidemic.
- 2 group presentations (relating the guest lecture on the day you present)
- Final research paper on topic of your choosing (7-10 pages)
Biochemistry – an Introductory Course II
• Builds upon concepts learned in 1st term
• Learn about biochemical reactions and cellular energy pathways (glycolysis, cellular respiration, gluconeogenesis, etc.)
• I found 2nd term to be more interesting because it gets less about basic structures and definitions and more about functions/applying what you know.
• Grade is based on 3 exams

Term 3
Stress Management for Relief Workers
• Really interesting course as it focuses on the needs of those delivering care in a disaster relief environment rather than those receiving care.
• Learn about the emotion and psychological stress faced by health workers providing humanitarian aid in emergency situations.
• In class the professor shares a lot from his personal experiences which makes the course more interactive and much more interesting.
• Grade is based on 1 group paper (7-12 pages)

Term 4
Introduction to Public Health Emergency Preparedness
• Haven’t started this course yet, but am happy to answer questions once the term and course begin!

Other strategies or suggestions to share:
• Take the courses you find most interesting regardless of how easy/ hard you anticipate it might be—I’ve found that the courses that require a bit more work are the ones that I’ve most enjoyed and have gotten to know the professor.
• Don’t be afraid to sit in on a handful of courses the first week! Usually by going to class the first day you’ll get a good sense of what you’re in for if you are to stick with the course. You also might learn aspects of the course that weren’t stated in the course catalog that could make you more or less interested in the class.

Nina Henage
Social Sciences
Health and Human Rights Concentration

Term 1
Life and Death in Charm City: Histories of Public Health in Baltimore, 1750 to the Present
• Taught in a History of Medicine style
• Provides you with an interesting perspective of Baltimore’s history and how public health has played a role
• Most of grade is two major research papers (with print sources)
• There is a lot of reading assigned for each class
• I loved this class and would highly recommend it
Epidemiology and the Public Health Impact of HIV and AIDS
- Very easy to keep up with the work—there is typically no homework
- Extremely engaging professor who is both extremely knowledgeable and passionate about the topic
- I loved this class and would highly recommend it, but it is an 8:30am class and you cannot miss the lectures, so you have to be willing and able to commit to that

Term 2
Health Behavior Change at the Individual, Household and Community Levels
- Spends a lot of time going into the theories of health behavior change
- Most of grade is three major writing assignments (8+ pgs each) that are due every other week
- This was also an 8:30 am class for which you cannot miss the lectures
- This was my least favorite class at JHSPH

Child Health and Development
- This was an online class (so you cannot count it toward your Bloomberg requirements, only credits toward graduating)
- The class structure included quizzes, readings, lectures to view online, two papers, and discussion sessions (you can attend in-person sessions or attend online LiveTalks)
- Taking an online class takes good planning and organization because it is entirely up to you to keep up with watching the lectures
- I definitely liked this class a lot. The professors are awesome and extremely passionate about the subject matter—they also present the information in a very accessible way.
- Provides a great broad understanding of general child health issues and developmental trends/timing

Term 3
Understanding and Preventing Violence
- Great class!
- Includes a mixture of professor lectures and guest lectures
- Assignments are very low-stress and interesting
- Provides a great framework to understanding issues and trends in violence

Human Rights in Public Health Practice
- This was my favorite of all the classes I took (and I really liked most of them)
- Approaches public health and human rights through a legal/analytical lens
- Grade is largely based on attendance/participation as well as two written assignments asking you to use human rights to analyze various situations

Introduction to Campaigning & Organizing for Public Health
- This was an online class (so you cannot count it toward your Bloomberg requirements, only credits toward graduating)
- Great for anyone who is interested in getting involved in advocacy, campaigning, organizing or politics for public health
- There are a lot of online lectures so, as I mentioned before, you need to plan around getting those completed.
Term 4

Assessing Epidemiologic Impact of Human Rights Violations
Childhood Victimization: A Public Health Perspective

Other strategies or suggestions to share:

- If you do not already do this, you definitely should go through at the beginning of each term and check what assignments you have to do and when. Put this into your calendar/planner so that you can keep up with things—on the quarter system major assignments can sneak up on you very quickly.
- Because Bloomberg is on the quarter system, all of your midterms and finals will fall within the same week span. Plan ahead for this to keep your sanity.
- Absolutely pick your classes based on your own interests and not based on what you think will be easy or which classes your friends are taking. You will get a lot more out of it if you are interested in the subject matter.
- Take advantage of the opportunity to learn from classmates with such a wide array of experience!

Ben Ackerman
Natural Sciences
Biostatistics Concentration

Term 1
Methods in Biostatistics I

- This is one of the series required for the Biostats masters students
- Class goes in depth explaining the calculus/probability behind different types of distributions of data
- Four homework sets, 1 midterm and a final exam (exams are open note, open book, open laptop, open internet...)
- Lectures are very interesting, and the professor explains everything really well
- Recommended for students who may be interested in pursuing a graduate degree in biostatistics, or who want a more conceptual understanding of statistical methods
- Calculus and linear algebra are important to have prior to this class

Term 2
Methods in Biostatistics II

- Continuation of 651, same professor and the material is carried over from the previous quarter
- Four more homework sets, 1 midterm and a final exam (exams are open note, open book, open laptop, open internet...)
- Second quarter focused more on hypothesis testing and sampling from distributions
Term 3
Methods in Biostatistics III

- Different professor – 653 and 654 focus on regression and generalized linear models
- 3 homework sets, 1 midterm and a final exam (closed book, multiple choice exams)
- Homework sets are straight forward and structured at first, and gradually require you to run your own analysis to answer a broad public health question
- Linear algebra background is extremely helpful and recommended if you want to take this class

Term 4
Methods in Biostatistics IV

Introduction to the SAS Statistical Package

Other Suggestions:
- Quarters go by really quickly so you have less time to add/drop classes
- Make friends with the graduate students in your classes! Especially in biostatistics, it helps to have people to study and do homework sets with.
- Be sure to balance your coursework with your Homewood schedule (Especially if you do honors in public health...)

Gerard Hampton
Social Sciences
Mental Health Concentration

Term 1
Introduction to Humanitarian Emergencies

- Extremely interesting course content focusing on public health response to disasters
- Learn how disasters (ie. war, famine, natural disasters, etc.) are addressed domestically and internationally
- Class meets once a week
- Grade determined by very easy weekly quizzes based on that day’s lecture as well as a final exam at the end of the term

Introduction to International Health

- Good for anyone who has an interest in global health
- Many interesting lecture topics. However, the classes were long
- This course is four credits
- There are many assignments including two eight- to ten- page papers as well as three quizzes throughout the term

Term 2
The Epidemiology of Substance Use and Related Problems

- Provides an overview of drug and alcohol abuse and its relevance to public health
- Topics include marijuana, alcohol abuse/policy among many other substances
- Concept driven with no mathematical calculations involved
- Grade based on a quiz, group paper, and final
Term 3
Understanding and Preventing Violence
- Class focuses on the role of public health in reducing violence
- Course content is interesting exploring root causes and social determinants
- Class meets twice a week and grades are based on a take-home midterm and a take-home final assignment

Suicide as a Public Health Problem
- Based on history, theory, and clinical mechanisms of addressing suicide
- Learn about suicide assessment and ethical issues of conducting research on suicidal populations
- Class meets twice a week at 9am
- Grades based on 10-page paper, group project, and final quiz

Term 4
Undecided

Other Suggestions:
- I would recommend having a general plan for the classes you want to take at the beginning of the year instead of registering term by term. This makes it easier to plan Homewood classes in advance.